



## MENA Arts Free Resources For Actors

### **Photographers:**

Los Angeles: <https://www.jacksondavisphotography.com>  
<http://www.davidmullerphotography.com/>  
<https://zenstudiosla.com/>  
<https://rognephoto.com/>  
<https://www.headshotsbyq.com/>  
<https://www.buckmanheadshots.com/>  
<https://www.kennethdolin.com/>

New York: <http://www.davidnoles.com/>  
<https://www.baza.productions/>  
<https://www.mackephoto.com/>  
<https://www.jeremyfolmer.com/>  
<https://www.jwheadshots.com/>

D.C.: <https://www.timcoburnphoto.com/actorheadshots/>  
<https://www.elliottodonovan.com/>

### **Online zoom classes to take advantage of while available:**

Comedy Specific: <https://leslykahn.com>  
Overall: <https://www.anthonymeindl.com>  
Self-Tapes: <https://www.warnerloughlin.com/classes/in-studio-classes/online-classes/>  
And <https://www.cbacting.com>

### **Acting Classes:**

#### **All OF THE ONLINE CLASSES IN PERSON ARE SUGGESTED**

As well as ..

Los Angeles:  
<https://www.backstage.com/magazine/article/top-acting-schools-los-angeles-7361/>  
<https://www.andrewwoodla.com/>  
<https://www.artofactingstudio.com/>  
<https://baronbrown.com/>  
<https://bergstudios.com/>  
<https://www.bhplayhouse.com/>  
<https://www.emasla.com/>

### **Websites to actively check and join:**

- <https://www.backstage.com>  
- <https://pro.imdb.com> - having a profile here is very important  
- <https://actorsaccess.com> - having a profile here is very important  
- <https://corp.castingnetworks.com/sf/>

### **Resources for Male Monologues:**

- <https://www.dailyactor.com/monologues-for-men/>  
- <https://www.stagemilk.com/monologues/>  
- <https://www.backstage.com/magazine/article/monologues-for-men-73078/>  
- <https://www.nycastings.com/category/monologues-and-scripts/adult-male-monologues/>

### **Female Monologues:**

- <https://www.dailyactor.com/monologues-for-women/>  
- <https://monologueblogger.com/15-powerful-female-dramatic-monologues/>  
- <https://www.backstage.com/magazine/article/monologues-for-women-73014/>  
- <https://www.monologuegenie.com/female-monologues.html>

### **Books to Read as you build your acting library:**

-Audition by Michael Shurtleff  
-The Intent to Live by Larry Moss  
-True & False by David Mamet  
-A Practical Handbook for the Actor by Melissa Bruder  
-Meisner on Acting by Stanford Meisner  
-Improvisation for the Theatre by Viola Spolin  
-An Actor Prepares by Constantin Stanislavski  
-Respect for Acting by Uta Hagen